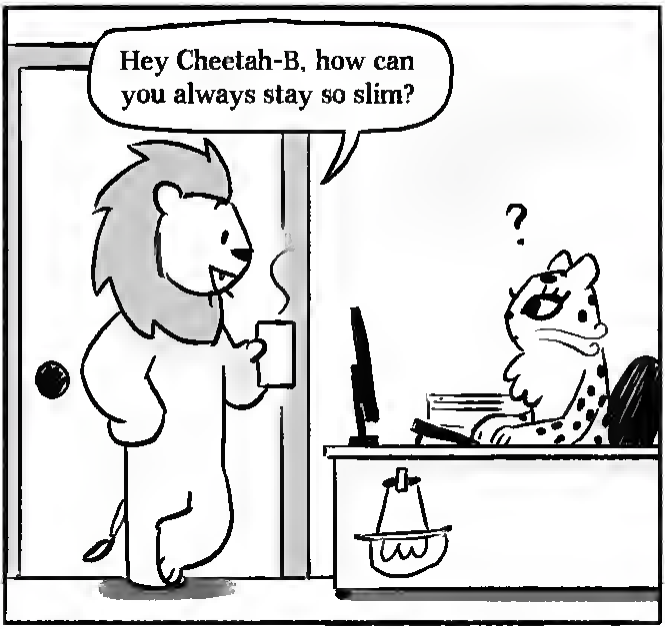
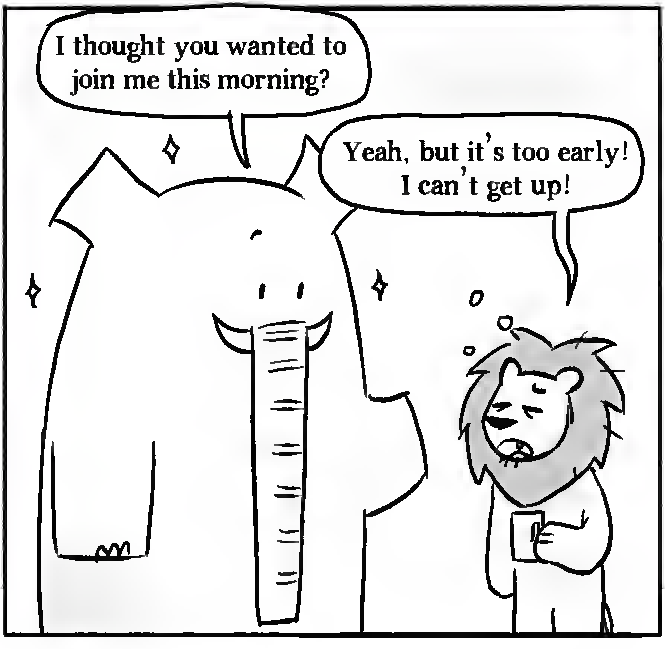

Hey Cheetah-B, how can you always stay so slim?
?

It's in my genes. Have you ever saw an overweight cheetah?
...Why ask?

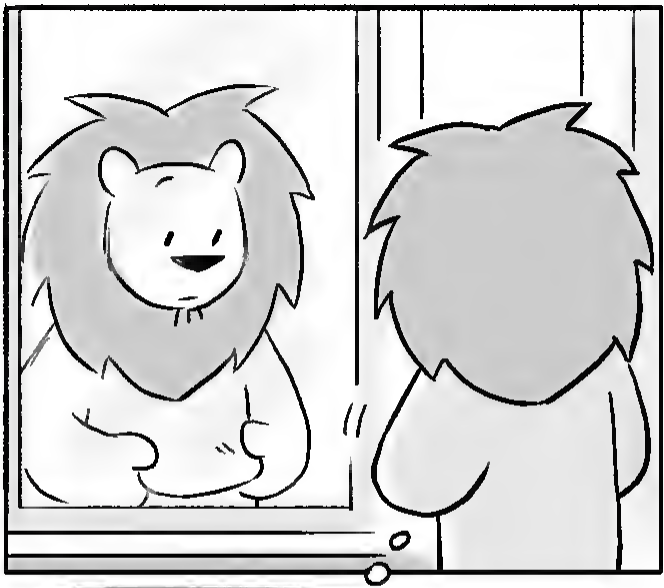

I thought you wanted to join me this morning?
Yeah, but it's too early! I can't get up!

Whee!
VROMMM

haha!!
Coffee
So heavy...!

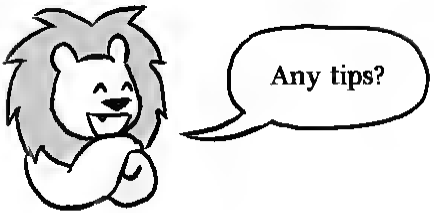
Simple, just eat less junk food.
cut down on the soft drinks and snacks
TAP
TAP !
I drink mineral water and eat fruit chips instead.
APPLE

EXIT
3015
ha
ha
ha

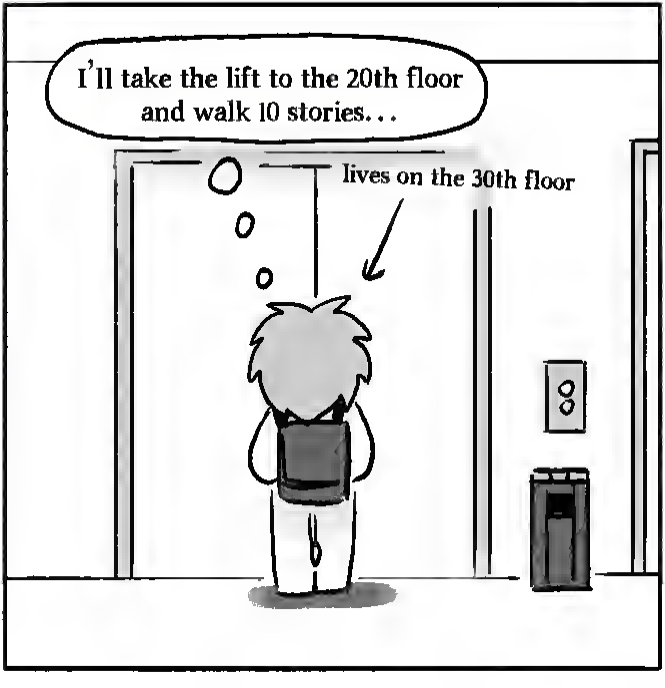

Cheetah-B likes fit guys...
maybe I should train myself to be fitter...

ROAR STREET JOURNAL

Hahaha...because I want to get fitter...
Wow, never thought I'd hear that from you.

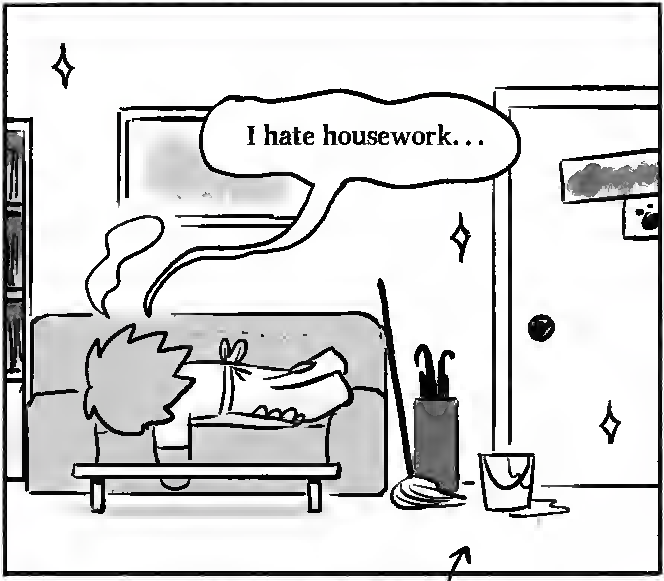

Any tips?

I like to stand when I work, it's better for your body than sitting all day.
And burns more calories too

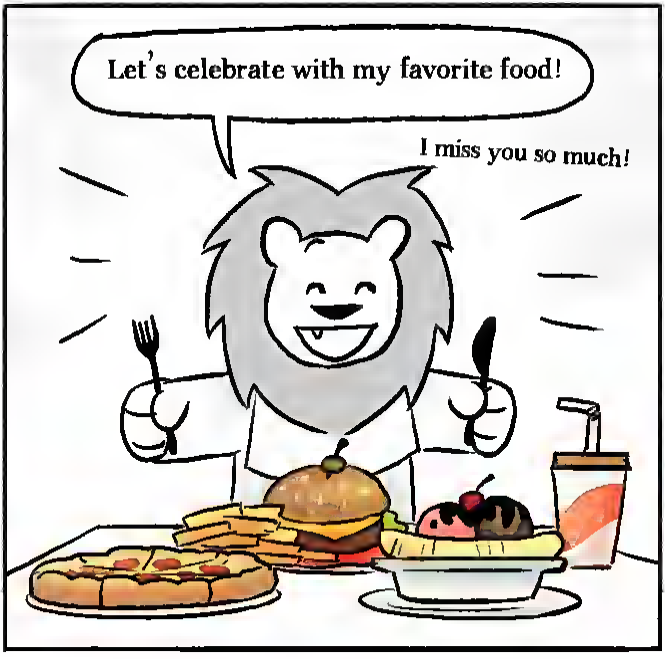


15 minutes later

I like to make my time efficient.
For exercise, I walk the stairs instead of taking the lift.

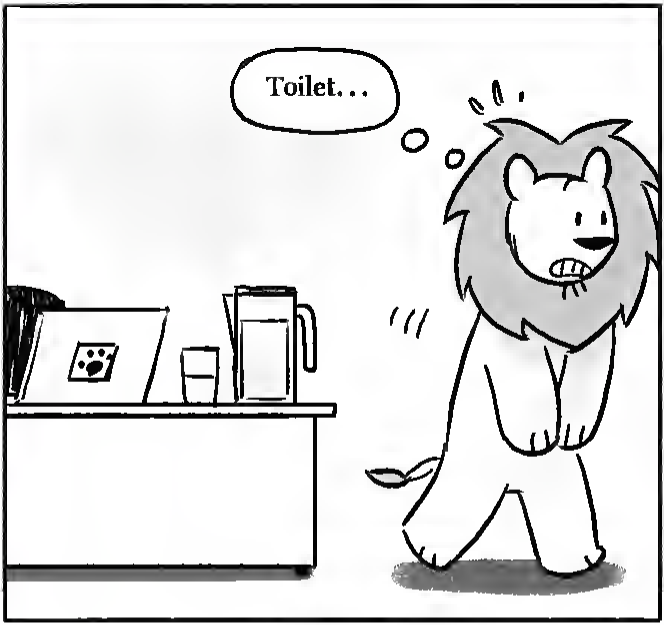


Only cleaned the living room

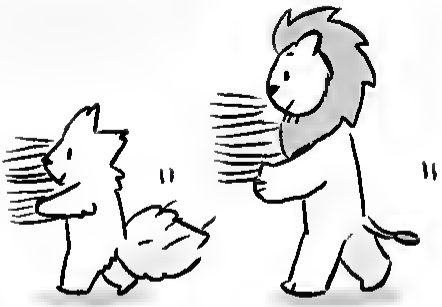

Let's celebrate with my favorite food!
I miss you so much!

Why do I feel like I'm punishing myself...
My legs are tired...

LINE Webtoon


Toilet...

I drink a lot of water.
I get dehydrated easily.
Awesome, I'll try it too!



Wait for me...

Ahh, I did so much exercise this week!
I can feel myself getting fit!

I don't really know...
I guess I have enough exercise taking care of Anna and doing housework...
Towel for Anna after swimming class

Tell me your secrets to be so strong, Allie!
...I like to go to the gym.
When I'm too busy, I use my son for weight lifting.
sometimes I lift my wife too

Bull running is the most famous fiesta in Spain,

and bulls appear in many drink labels!

I'm always moving around helping everyone.
You can try doing it with me!

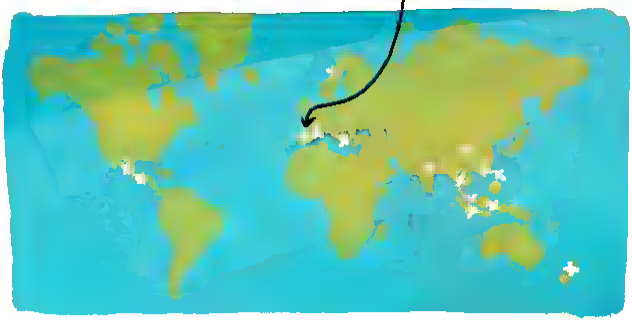
3 hours later

Animals Around The World #15

jorge

Bulls are national animals of Spain. A famous drink brand used to build big bull representations along the roads and they became national art too

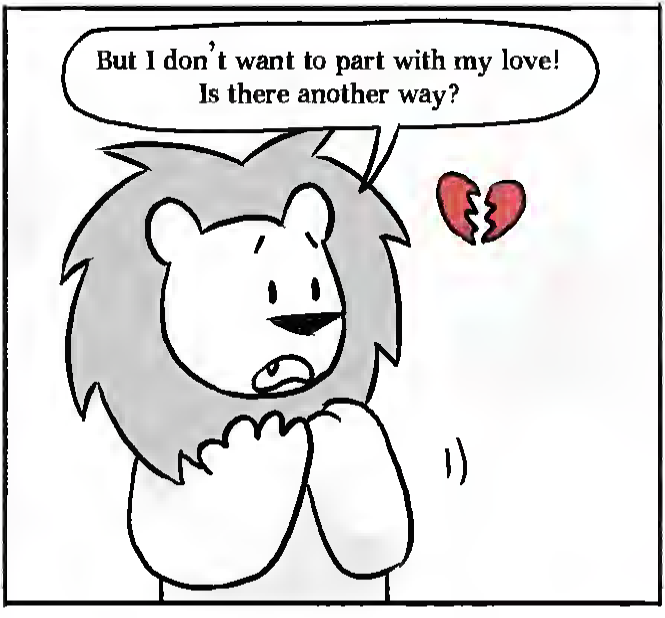
Readers from Spain!

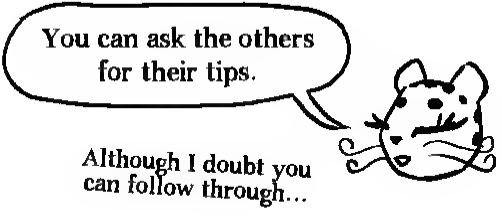


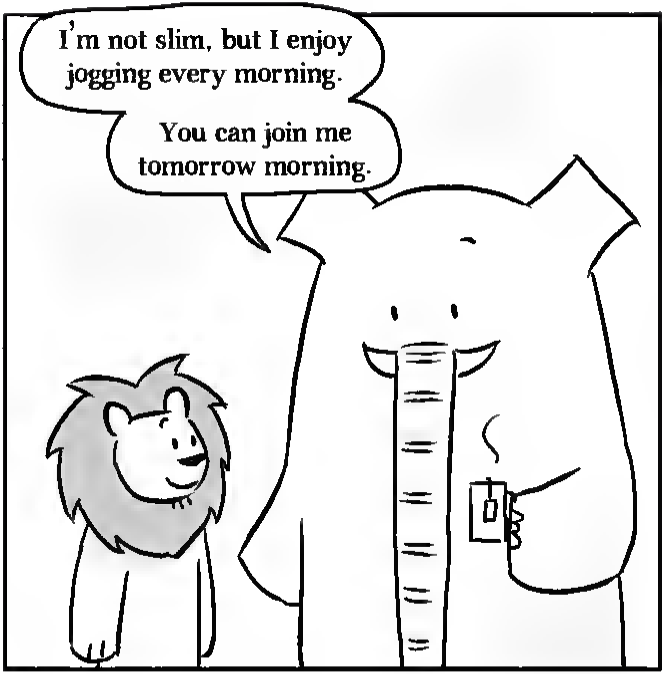
ROAR STREET JOURNAL

The 24-Hour Fat Burn

Last time I failed time management...
I'm going to make it this time!


But I don't want to part with my love!
Is there another way?


You can ask the others for their tips.
Although I doubt you can follow through...


I'm not slim, but I enjoy jogging every morning.
You can join me tomorrow morning.

5:45am

Why is Leo's chair out here?
?